

Emgality[®]
(galcanezumab) injection

Your guide to Emgality for the prevention of migraines

For patients prescribed Emgality



Hypothetical patient

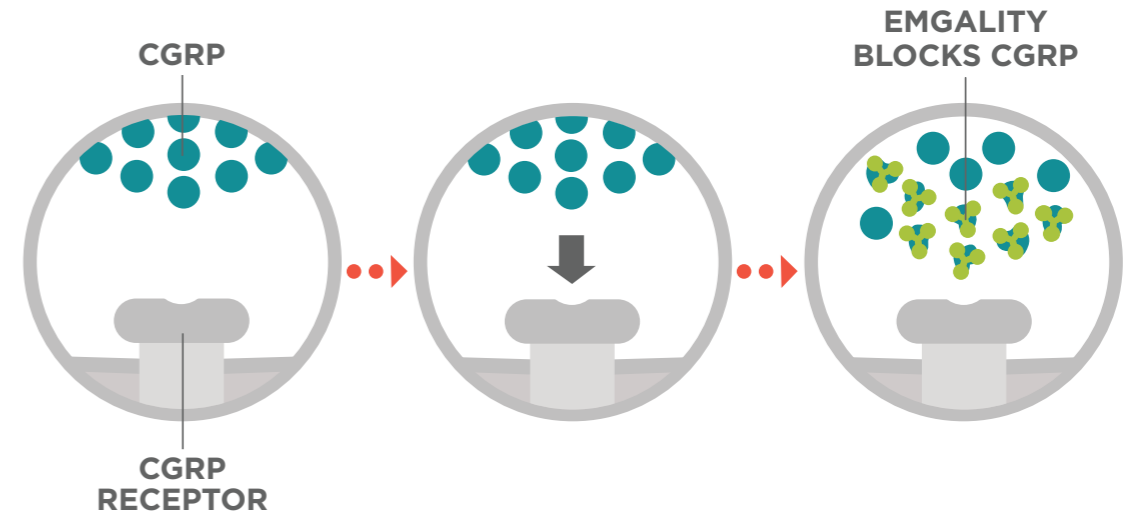
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About Emgality

Emgality is a medicine used to help prevent migraines* that comes in a ready-to-use auto-injector. It is self-injected under your skin (subcutaneous injection) once a month (every 4 weeks).

Emgality has been specifically developed to help prevent migraines. It belongs to a group of medicines that block the activity of a naturally occurring substance in the body called calcitonin gene-related peptide (CGRP). Increased levels of CGRP have been associated with migraines.



**Emgality is used to prevent migraines in adult patients.*

Emgality is taken once a month (every 4 weeks)

Once-monthly (every 4 weeks) dosing

Initial loading dose Subsequent doses every month (every 4 weeks)

Month 1

2 injections



Month 2 onward

1 injection per month (every 4 weeks)



ONWARD

If you forget a dose of Emgality

Inject the missed dose as soon as possible and then resume dosing monthly (every 4 weeks). Do not take a double dose to make up for the forgotten dose.

Emgality is not a 'cure', but when taken monthly (every 4 weeks) as directed by your healthcare professional, it can help effectively manage your migraines.

Taking Emgality at the same time each month (every 4 weeks) will have the best effect. Setting a reminder on your phone or calendar may help you to remember to take it on time.

If symptoms continue or you have side effects, see your doctor, pharmacist or healthcare professional.

Emgality comes in a ready-to-use auto-injector

Meet your auto-injector



- Each auto-injector contains a single, monthly (every 4 weeks) dose of Emgality
- It has a small, hidden needle attached
- No need to measure, mix or shake before use
- It delivers your medicine in approximately 10 seconds

Use strictly as directed.

How to use your Emgality auto-injector

Before you inject



Take your auto-injector out of the refrigerator and let it sit for 30 minutes to warm to room temperature. Allowing it to warm up may help make the injection more comfortable. Do not shake.



Wash your hands with soap and water.



Choose an injection site. Recommended sites are your abdomen (at least 5 cm away from your belly button), your thigh, or another person may give you Emgality in the back of your upper arm or buttocks. Your doctor may advise rotating injection sites. Talk to your doctor for more information.

Injecting yourself



1. Uncap the auto-injector

Twist off the cap and throw it away. Do not put the base cap back on, as this could damage the needle. Do not touch the needle.



2. Place and unlock

Place and hold the clear base flat against the injection site, then twist the top to unlock the auto-injector.



3. Press and hold, look and listen

Press and hold the teal injection button. You will hear a loud click. Keep holding the clear base firmly against your skin. About 10 seconds after the first loud click, you will hear a second click. Check to see if the grey plunger is visible. This means your injection is complete.

If you need more information on how to use your Emgality auto-injector, please speak with your healthcare professional.

Additional information on how to use Emgality



- Store the Emgality auto-injector in the refrigerator and in its original packaging to protect it from light. Do not freeze. Do not shake.
- The auto-injector can be kept at room temperature (below 30°C) for up to 7 days. Do not return to the refrigerator.



- Do not microwave the auto-injector, run hot water over it, leave it in direct sunlight, or shake or drop it.



- Inspect the auto-injector to ensure it does not look damaged. The medicine inside should be colourless to slightly yellow to slightly brown.



- Placing something cold (such as an ice pack) on the injection site before and after the injection may help reduce pain at the injection site.



- Wiping injection site with alcohol pad.
 - Talk to your doctor about whether this tip is appropriate for you.
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- When you have finished your injection, simply dispose of the auto-injector in a sharps container or puncture-resistant plastic container as directed by your doctor or pharmacist.
 - Safe disposal of sharps containers can be done at select pharmacies. Your doctor may suggest disposal at public hospitals or community sharps bins. Discuss your options with your doctor or pharmacist before disposing of your sharps container.

Things to be aware of along the way

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any you get without a prescription from your pharmacy, supermarket or health food shop.

Pregnancy and breastfeeding

If you are pregnant, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

If you become pregnant while taking this medicine, tell your doctor immediately.

If you are breastfeeding or are planning to breastfeed, talk to your doctor before using Emgality to decide if you should breastfeed at the same time.

Common side effects

Before starting any new medication, it is important to understand that medicines can cause unwanted side effects.


In clinical trials of Emgality, the most common side effects of Emgality were:

- injection site pain, and reactions such as redness and itching at the site where Emgality was injected
- vertigo (a feeling of dizziness or 'spinning')
- constipation
- rash

Most of the time these side effects were mild and short-lived. People who reported injection site pain saw relief within a day.

If you notice any side effects or have any concerns, speak with your doctor.

Your doctor may provide advice on managing injection site reactions, such as rotating the site between injections or applying ice to the site before and after injection. Only follow advice provided by your doctor.



Where can you learn more about Emgality?


Speak to your doctor or pharmacist.

Read the Consumer Medicine Information (CMI) leaflet that came in your Emgality pack. You can also access the CMI online at www.lilly.com.au/en/products (Australia) or www.medsafe.govt.nz/Consumers/cmi/e/emgality.pdf (New Zealand).

Emgality was specifically developed to help prevent migraines

- Emgality comes in a ready-to-use auto-injector that you can take in the comfort of your own home
- Set a reminder on your phone or in your calendar to help you remember to take Emgality at the same time every month (every 4 weeks)
- Record your progress

Continue to take Emgality EVERY month (every 4 weeks) as directed by your healthcare professional to help effectively manage your migraines.



EMGALITY® (galcanezumab 120mg/mL prefilled pen).
PRESCRIPTION MEDICINE. Emgality is not funded on the New Zealand Pharmaceutical Schedule. You will need to pay the full cost of this medicine. Normal doctor's charges apply.

Reporting side effects and product complaints

Emgality has risks and benefits. Please review the Consumer Medicine Information (CMI) before taking Emgality, available at www.lilly.com.au/en/products (Australia) or www.medsafe.govt.nz/Consumers/cmi/e/emgality.pdf (New Zealand).

Adverse events (side effects) and product complaints should be reported. If you are worried about a side effect while taking a Lilly medicine, please contact your doctor or other healthcare professional. To report an adverse event or a product complaint about a Lilly medicine, please call Lilly on: 1800 454 559 (Australia) or 0800 500 056 (New Zealand).

This information is brought to you by Lilly, the manufacturers of this medicine.



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